Workshop on Energy Conservation for Kyrgyz and Tajikistan

Energy Efficiency in Buildings (Case Studies of EE&C in Buildings)

February 4, 2025

Lecture No.4

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1. Introduction

2. The Energy Conservation Act (Design and Operation)

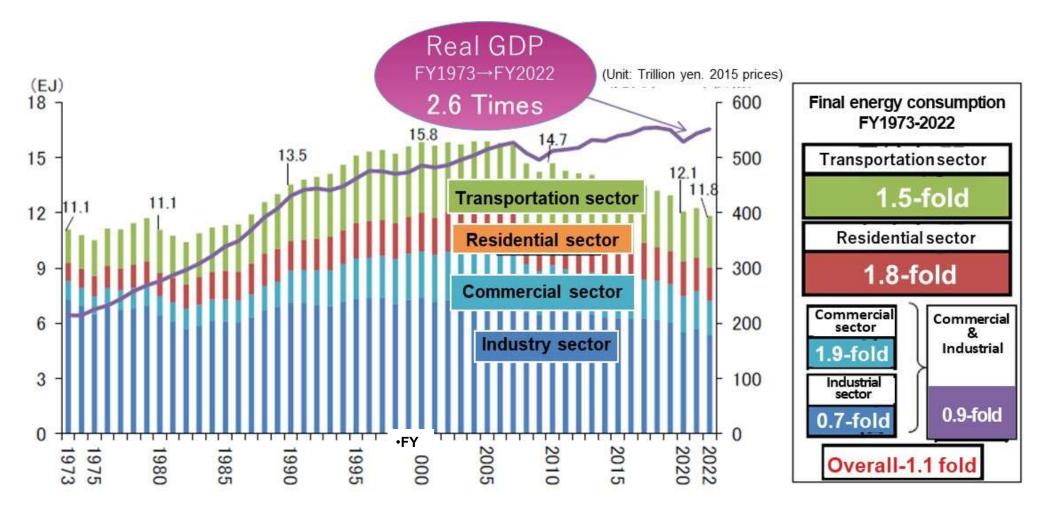
3. Zero Energy Building Dissemination

4. Energy Conservation Measures in Buildings

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1.1 Trends in the Final Energy Consumption in Japan



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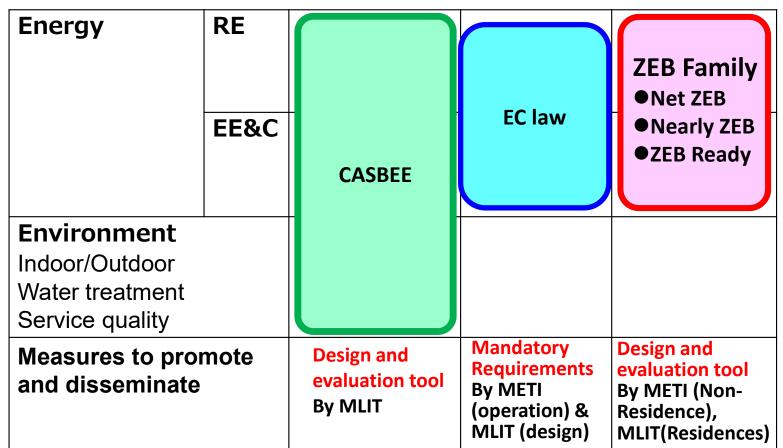
1.2 Developments of Green Buildings in Japan

- 1980 Establishment of building energy conservation standards (Second oil shock) Initially, PAL, CEC/AC, and office applications were subject to the notification requirements.
- 1993 CEC/V, L, HW, and EV were added. Hospitals and schools also became subject to the notification requirements.
- 1998 Introduced Type 2 designated factories (buildings) in the EC Act.
- 2002 Notification of energy conservation measures (for new construction and extension and reconstruction) was made compulsory.
 All buildings (2,000m² or greater), with the exception of residences, became subject to the regulations. (For large-scale renovations in 2006 and for buildings 300m² or larger in 2010)

The standards achievement rate was improved to 90% by making notification compulsory.

- 2002 Obligatory submission of periodical report for Type-2 Designated factories &buildings
- **2005** CASBEE for Buildings completed (CASBEE tools have been developed and revised until now)
- 2015 New Building Energy Code for design (Introduced primary energy standards)
- 2015 ZEB Family concept and the project started
- 2016 Benchmarking system for buildings (convenient stores)
- 2017 Mandatory requirement standard for design
- 2019 Revision of the scale of the buildings to be covered by the law
- 2021 Revision was enforced
- 2022 Further revision proposed to promote energy efficient buildings

1.3 Policy and Measures for Green Buildings in Japan



CASBEE: Comprehensive Assessment System for Built Environment Efficiency MLIT: Ministry of Land, Infrastructure, Transport and Tourism METI: ministry of Economy, Trade and Industry



1. Introduction

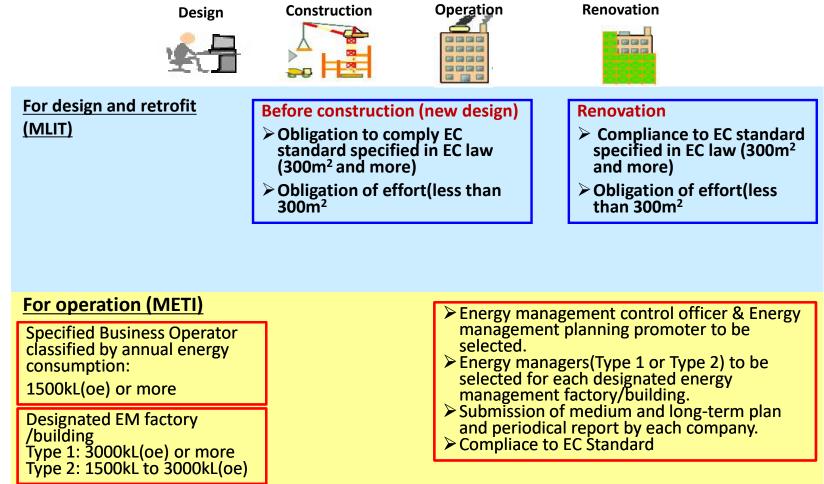
2. The Energy Conservation Act (Design and Operation)

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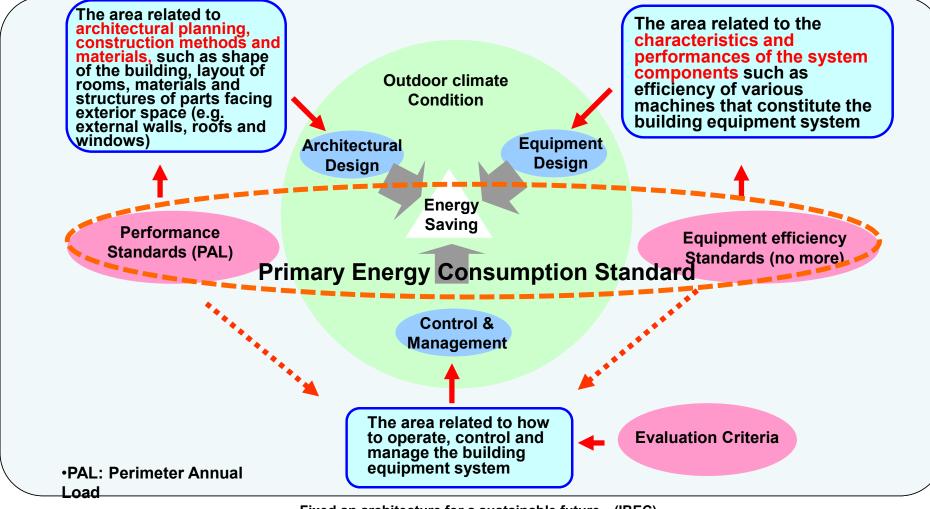
2.1 Overview of the Energy Conservation Law on Buildings

Obligation of the Building Owners under the Energy Conservation Law



2.2 The Related Regulations on Buildings

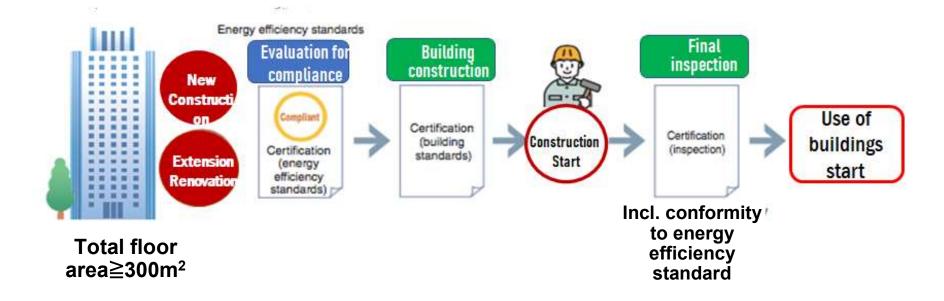
Three key areas and the standards of the EE&C in buildings



2.3 Mandatory Compliance to The Design Standard

When construction clients plan to undertake new construction/ extensions/ renovations of buildings at or over a certain size, they must acquire certification of conformity with energy efficiency. After the implementation of the regulatory measures, such non-residential buildings that are not compliant with energy efficiency standards become ineligible for construction under the law.

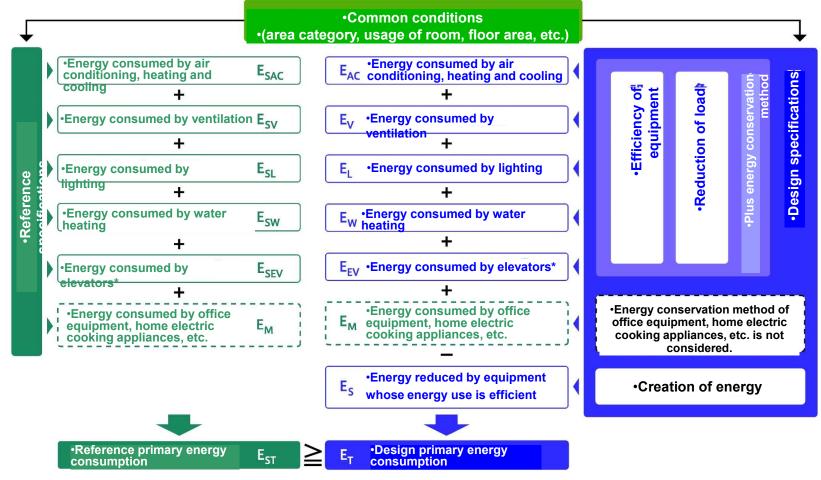
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2.4 Evaluation Method of EE&C of Non-Residential Buildings

•Based on the following calculation methods, the design building primary energy consumption should be less than the standard values.

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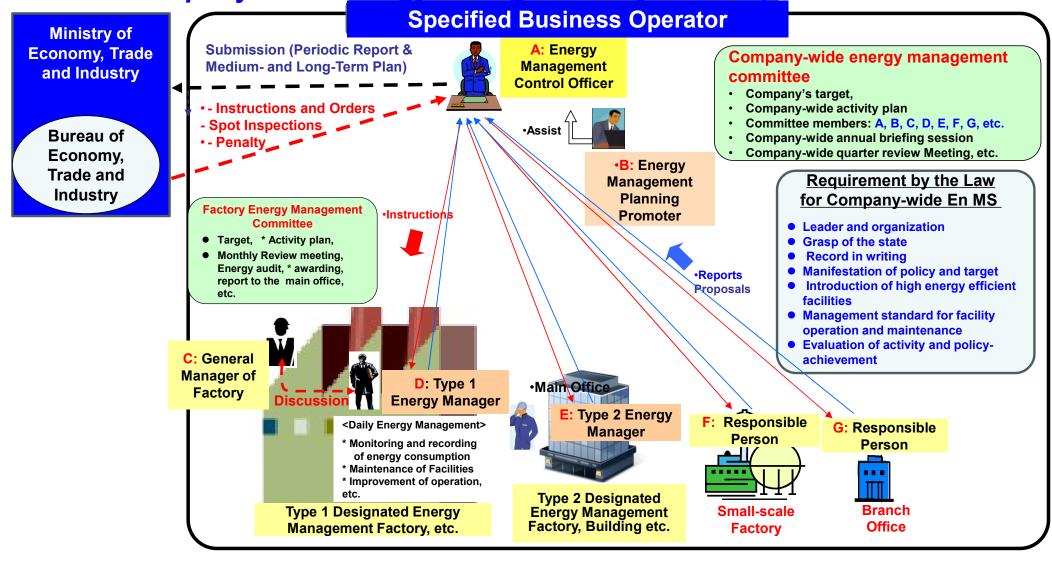


•* The target is non-residential buildings and apartment residences.

2.5 Company-Wide Energy Management System required the AC Act

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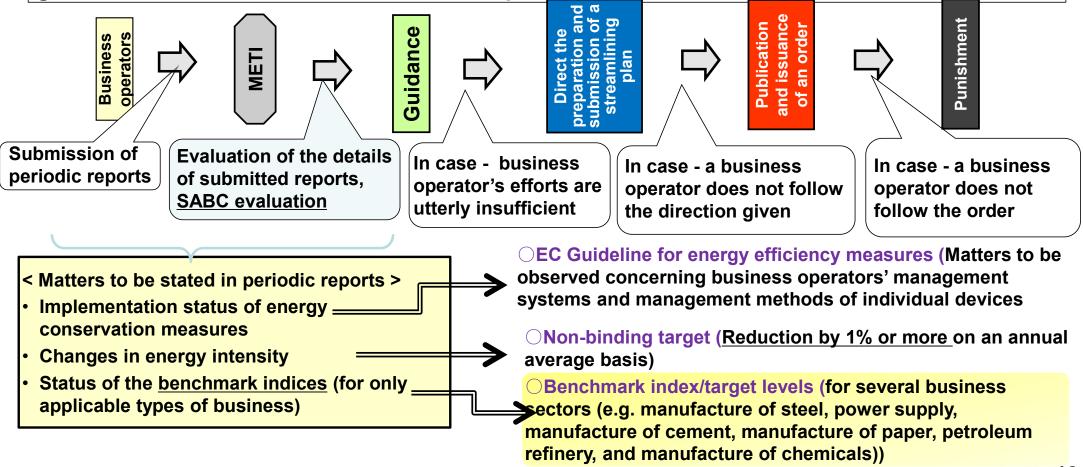
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2.6 Report to METI on Energy Efficiency Activities and Evaluation

The Act requires business operators to report their activities on energy efficiency to the government that evaluate them with the report.



Source: METI Website



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3.1 ZEB Family Concept

(1) Necessity of ZEB dissemination in Japan

- 1. The current energy efficiency measures cannot achieve COP21 requirements for reduction of greenhouse gas (GHG) in Japan.
- 2. The current Japanese E. E. Law for buildings does not have enough power to achieve the target for reduction of GHG in building sector.
- Therefore, the following target has been set in order to promote and disseminate high level energy efficient buildings, "ZEB Ready" first and realize (net)ZEB by step-by-step approach though the continuous efforts. → ZEB Family Concept (ISO TS23764)

Target

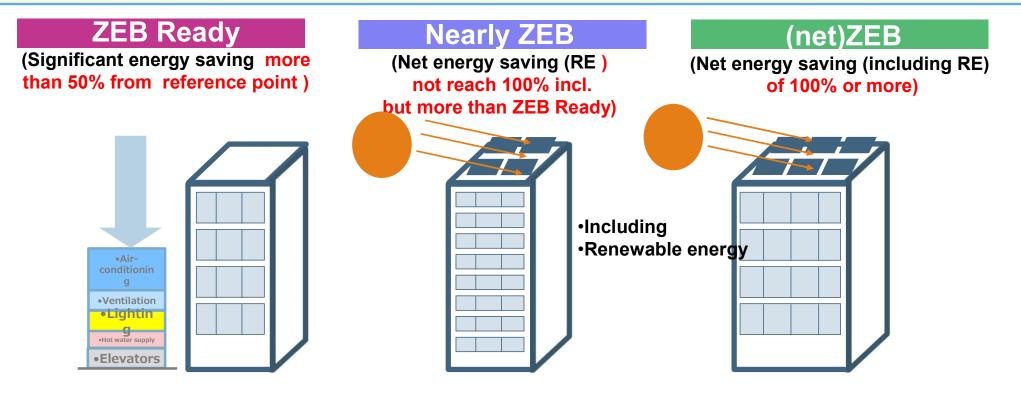
To realize ZEBs in average for newly constructed public and private buildings by 2030



3.1 ZEB Family Concept

(2) Step by step approach toward ZEB

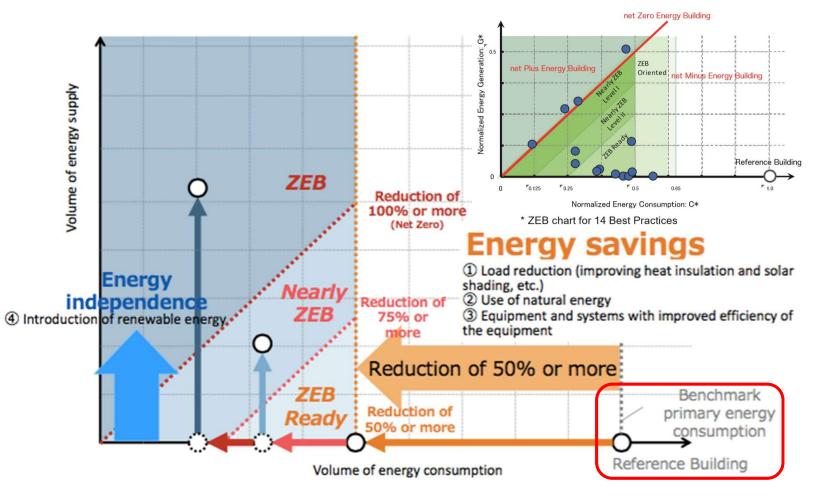
•The concept of ZEB has been expanded to "ZEB series" according to actual conditions. First step is to aim for super energy efficient buildings which are defined as "ZEB ready", and then aim for " Nearly ZEB" and "(net) ZEB" which is a step-by-step approach. \rightarrow ZEB family Concept







3.1 ZEB Family Concept (3) Definition and evaluation methods of ZEBs



3.2 ZEB Ready Example – Office Outline of the building

Concept for ZEB realization To realize a ZEB for this headquarters building, it was planned to reduce the building's overall energy load by primarily using a passive building design that enhanced the building envelop insulation performance and utilized daylight and natural ventilation as far as possible. Secondly, regarding the parts of the load that could not be reduced using the above measures, it was planned to implement thorough energy conservation using high efficiency air conditioning, lighting, and hot water supply. Additionally, the introduction of BEMS to understand and evaluate the actual energy consumption was to lead to further reductions in energy consumption with the operations management.

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Project location		Hamamatsu, Shizuoka			Region 6
Building use		Office (Part used as a warehouse)		Newly constructed	
Structure	S construction		No. of stories	4 stories above ground	
Total floor area			3,704.10 m ²		

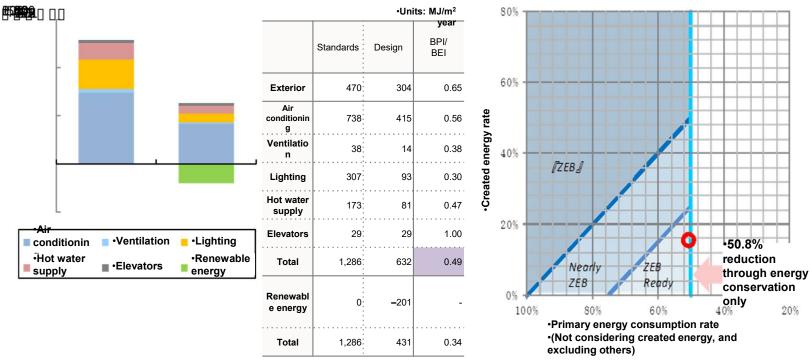


(Source: Sustainable open Innovation Initiative)



3.2 ZEB Example – Office

Energy saving and renewable energy supply



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[Energy performance evaluation]

The design primary energy consumption of this building is 632 MJ/m² year (431 MJ/m² year when including the renewable energy), which realizes energy conservation of approximately 51% compared to the reference.

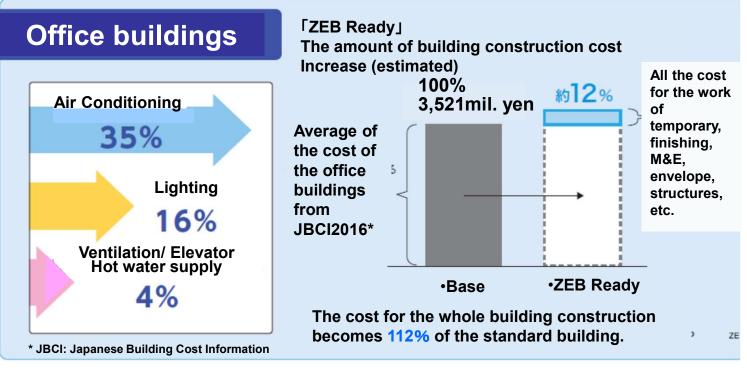
•(Source: Sustainable open Innovation Initiative)



3.2 ZEB Ready Example – Office Cost for ZEB Ready

"ZEB Ready" is not difficult to be realized. It is officially announced that "ZEB Ready" can be realized by the application of versatile high-efficient technologies with approximately 12% of buildings costs increase in comparison with the building designed in compliance with the energy efficiency standard.

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Source: METI Website



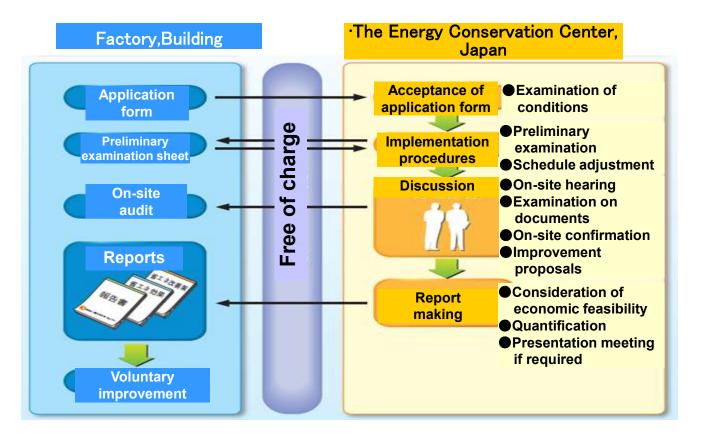
- 1. Introduction
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4. Energy Conservation Measures in Buildings

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4.1 One-day Energy Diagnosis by ECCJ

- \checkmark ECCJ sends two experts of energy conservation to the factory for diagnosis.
- ✓ Experts submit an audit report and presents specific improvement, proposals, expected effects and economic feasibility of the proposals.



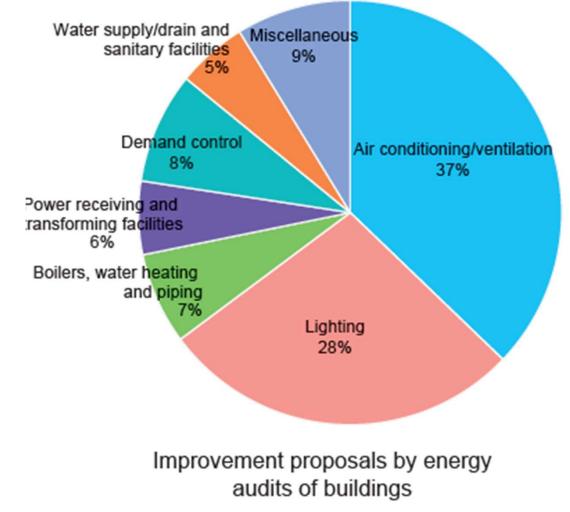
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3.1 One-day Energy Diagnosis by ECCJ

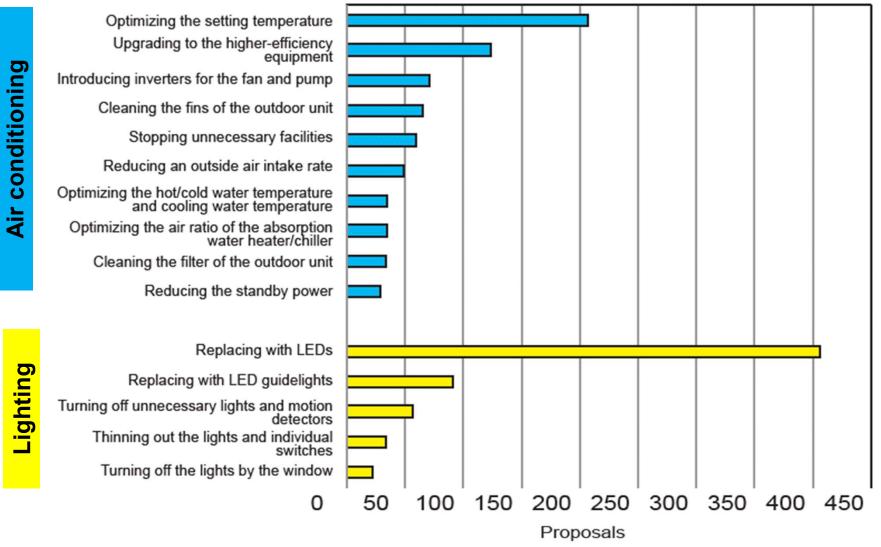
After investigating the status quo of the building, the energy audit presents an improvement proposal. The right pie chart shows the ratio of the recent improvement proposals for each facility. There are many proposals for the air conditioning and lighting facilities, basically reflecting the ratio of energy consumption of the buildings.

The following figure itemizes the proposals for each classification of target facility.

For the air conditioning/ventilation facilities, optimization of the setting temperature is proposed much more than the others. For lighting, renewal to LEDs is proposed very much.

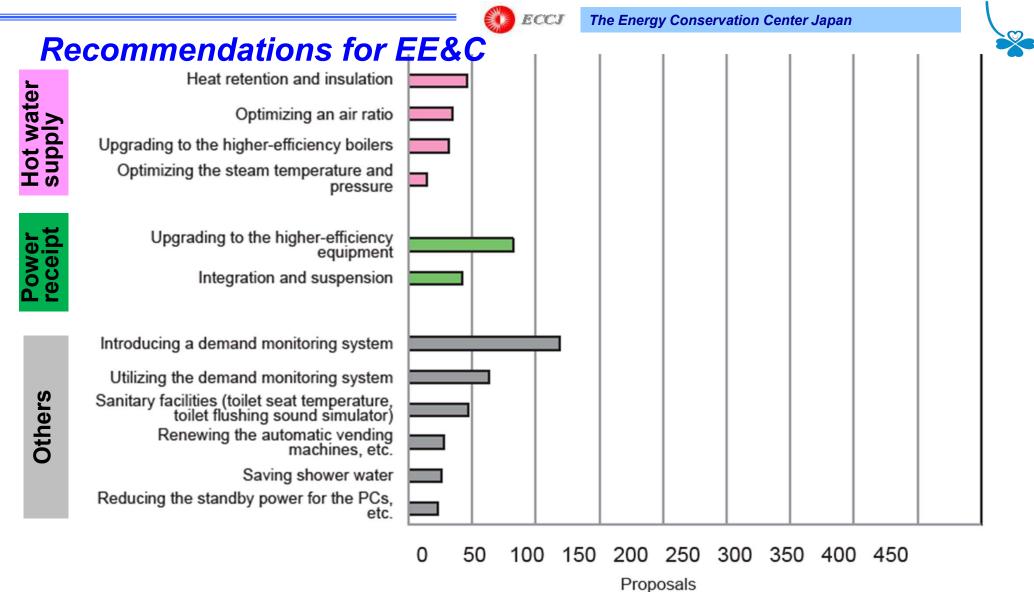


Recommendations foe EE&C



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4.2 Check Points for Energy Conservation Measures

Energy conservation measures by users

These actions to minimize load are the first step towards energy conservation measures.

Classification	Major energy conservation measures	
Management	Maintain organizations for promoting energy conservation.	
Air conditioning	Adjust the indoor temperature appropriately.	
Lighting/ Outlet	Turn off the lights in unused rooms.	
	Turn off the lights during lunch break.	
	Turn off the vending machines at night time.	
Architecture	Manage the blinds of the east side of the building to reduce cooling load in the morning.	
Elevating machine	Adjust the number of elevators in operation on Saturdays, holidays, and night time.	





Energy conservation measures by operations

2

Tuning of equipment/system (basic of the energy management) without imposing a burden to users

Classification	Major energy conservation measures
Air conditioning	Manage the setting of the chiller's outlet temperature and the efficiency of heat source including auxiliary machines.
	Adjust the number of distribution pumps, according to the load.
	Manage the cooling water temperature to enhance chiller efficiency.
	Manage CO2 concentration to enable minimum outside air intake.
	Stop outside air intake at the time of starting cooling/heating.
	Turn off the heat source equipment before the end of operation time to use the heat inside the equipment and the piping effectively
	Shorten the warm-up time of the air conditioning.
Lighting/ Outlet	Manage the load ratio of the transformers and adjust the balance of three-phase loads.
	Review the temperature setting of the electric room to reduce cooling load and ventilation power.
Hot water supply	Adjust the air ratio of the boiler and combustion equipment.





Energy conservation measures by investments (shorter payback year)

3

Classification	Major energy conservation measures
Air conditioning	Install inverters to fans to adjust air volume.
	Install inverters to pumps to realize operation according to pressure or flow.
	Exchange filling materials of cooling towers depending on the clogging status.
Air conditioning/ hot water supply	Enhance thermal insulation of the steam valve, piping, etc.
Ventilation	Install sensors to the ventilation equipment of the parking area to control start-stop or air volume.
Water supply/	Employ water-saving top and equipment.
Hot water supply	Install imitation sound generation devices to ladies restrooms.
Lighting/ Outlet	Subdivide the lighting circuits.
	Exchange magnetic stabilizers of lighting fixtures to inverter stabilizers.





Energy conservation measures by investments (on an occasion of renewal)

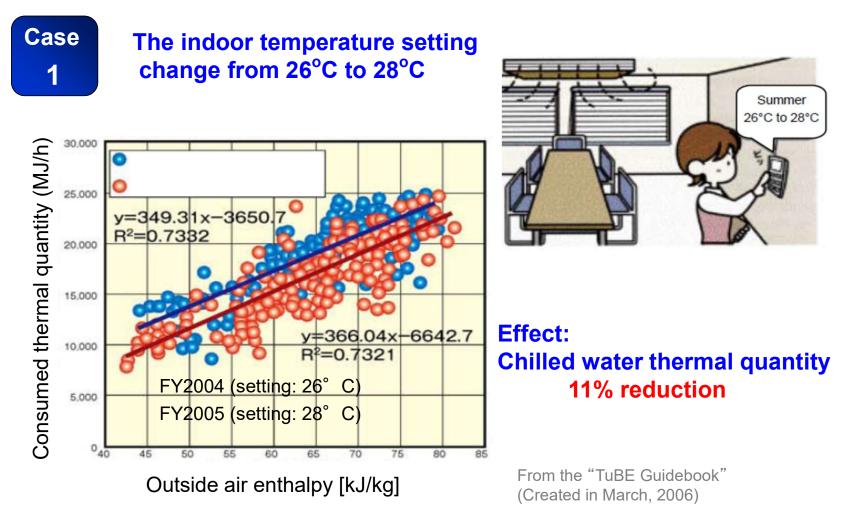
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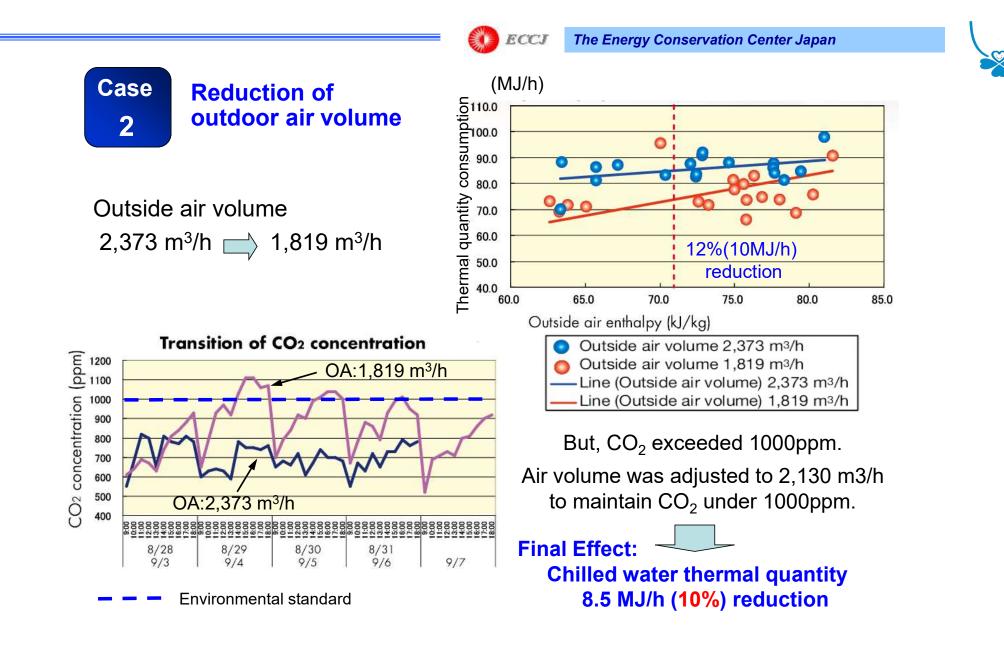
Classification	Major energy conservation measures	
Air conditioning	Enhance the efficiency at a partial load by appropriate adjustment of the heat source capacity and the number of units.	
	Introduce variable air volume system and variable water volume system. (VAV, VWV)	
	Employ CO ₂ sensor system for outside air intake.	
	Employ total heat exchanger.	
	Introduce BEMS to enhance overall efficiency of air conditioning equipment.	
Hot water supply	Consider introducing a local type hot water supply.	
Lighting/ Outlet	Renew to high-efficiency lighting fixtures.	
Substation	Employ high-efficiency transformers and optimize their allocation.	
	Employ power factor correction capacitor units.	

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4.3 Successful Cases of Energy Conservation measures





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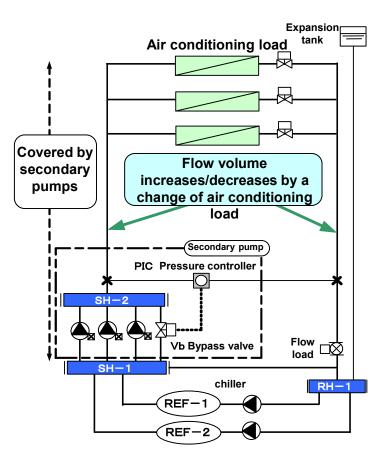
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Power reduction by variable pressure control in secondary chilled water pumps

In some cases, unit control of secondary pumps of air conditioning system is not implemented appropriately due to improper setting of values and a change in the operation method.

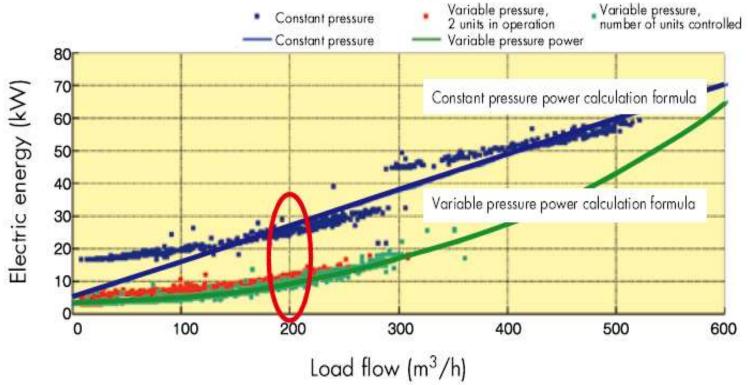
→ Optimum unit control of secondary pumps will reduce power consumption of pumps



Power reduction by variable pressure control in secondary chilled water pumps

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Flow volume/ electric energy



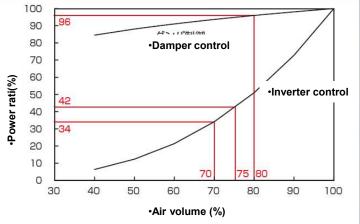
The annual power consumption of secondary pumps of the variable pressure control was 50% of that of the constant pressure control.

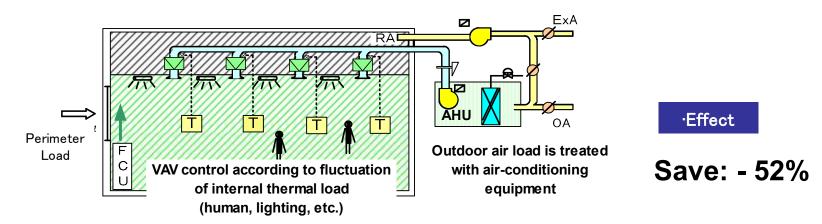


air volume by damper. Air conditioners are running at a fixed level of air volume throughout the year, regardless of the number of visitors, and consume a lot of conveyance power.

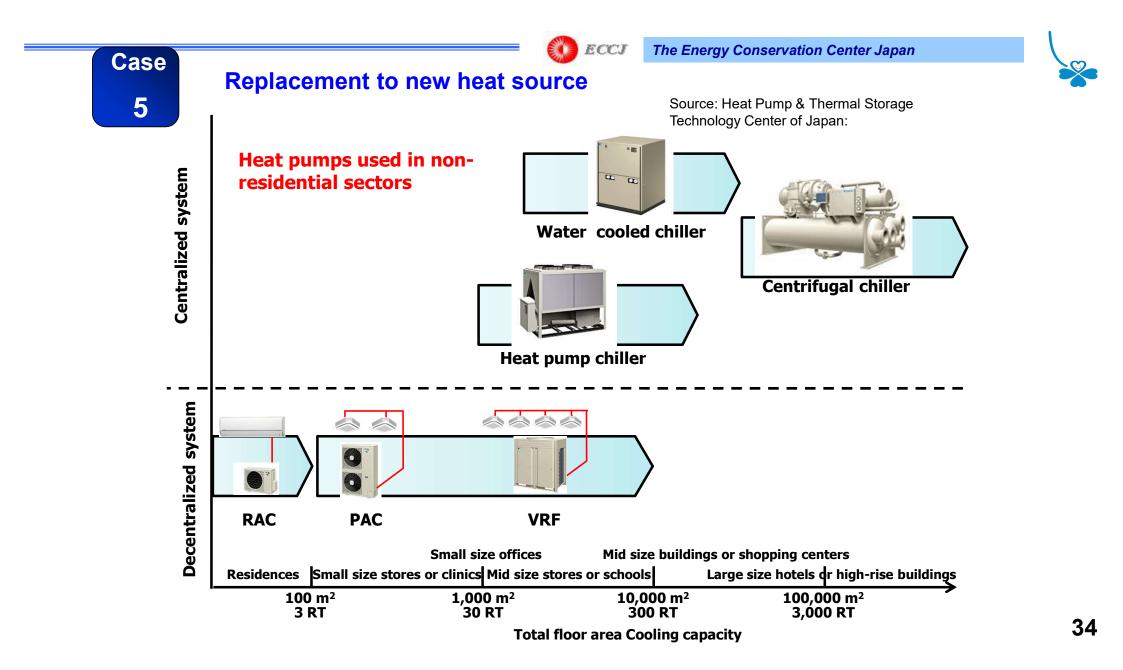
·Improve measures

The conveyance power was reduced by installing an inverter in the air handling unit, and decreasing the air volume using a timer for each AHU during off-peak hours.





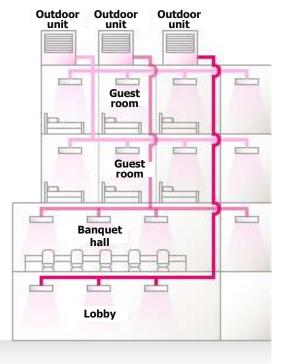
·Source: EC Guidebook for Building (ECCJ, 2011-2012)



Heat pumps used in non-residential sectors

Air conditioning systems can be categorized broadly into decentralized systems used in small and medium size facilities and centralized systems used in large size facilities.

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Decentralized system

This system is suitable for complex buildings, buildings leased to offices or shops, where the times of use vary, since outdoor units can be installed separately by air-conditioned room. Heat pump chiller

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Centralized system

This system is an air conditioning system that uses ducts/pipes to distribute cooled air/water to to an entire building. Heat source is located on top of the roof or in a machine room.

Source: Heat Pump & Thermal Storage Technology Center of Japan:

Performance improvement of the refrigeration machinery in Japan

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Energy conservation can be realized by simply renewing the air-conditioning heat source devices.

Top Runner system Revised Act on the Rational Use of Energy Enforced in April, 1999

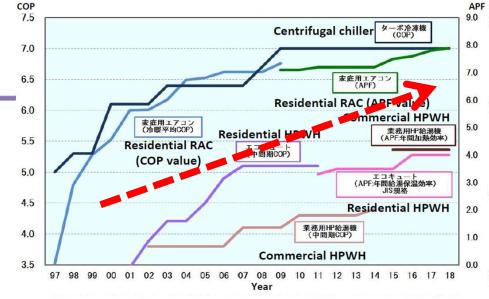
* Top Runner system

This system sets the target values above the highest energy conservation performance of the products of all the manufacturers currently marketed at the time of formulating the energy conservation standards.

- COR: Cooling/heating capability (kW) ÷ Power consumption (kW)
- Cooling and heating average COP:

(COP at cooling + COP at heating) $\div 2$

* At cooling: Outer temperature 35 °C, Room temperature 27 °C; At heating: Outer temperature 7 °C, Room temperature 20 °C (JIS C 9612 rated conditions)



Numerical values are those of the top-runner devices. Home airconditioners are those of 2.2 kW with free dimensions.

- Interphase COP: COP under the operating conditions of Outer temperature (DB/WB °C) = 16/12, Water temperature = 17 °C and Heating temperature = 65 °C.
- APF: Annual hot water supply efficiency. It is the hot water supply calorific value per unit power consumption when the device is operated under certain constant conditions through the year.

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Source: Excerpted from the manufacturers catalog and energy conservation type product information site (Energy Conservation Center) 💮 ЕССЈ

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Total Heat Exchangers

1. Current problem

Case

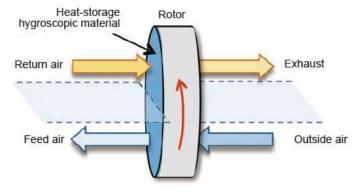
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In an assembly hall (total floor area: 5,200 m²), a total heat exchanger in a hall air conditioning line is not functioning. A heat load due to the outside air accounts for 20 to 30%, there is a high ratio of an air conditioning load in general office buildings. Furthermore, more outside air is required in a room with many people such as an assembly hall, with the heat load accounting for higher percentage of the air conditioning load.

2. Improvement measure

Recover the function of the total heat exchanger and enable heat recovery from air conditioning exhaust to reduce an outside air load.

The total heat exchanger is an effective measure to achieve both precautions for COVID-19 and reduction of the air conditioning load through ventilation. Recently, some total heat exchanger models with higher flexibility in installation are commercialized. They include a model having a humidifying function with low energy consumption and a model consuming less power during partial load operation by controlling air volume using a high efficiency motor.

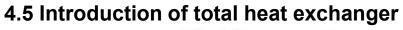




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Total Heat Exchangers

One of the Recommendation in the audits implemented last year



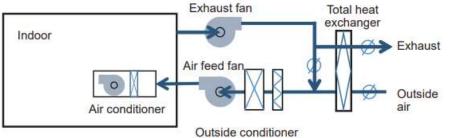


Fig. 2 Example of total heat exchanger system

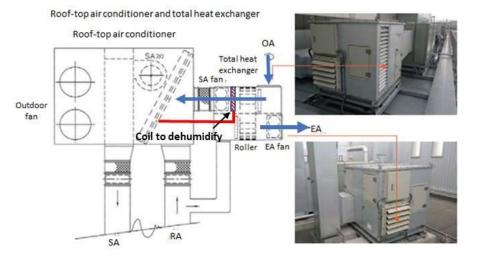


Fig. 15 Total heat exchangers for the roof-top air conditioners

Current conditions:

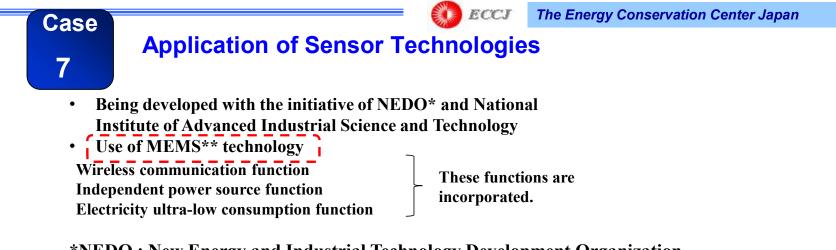
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Now 15% of indoor air is exhausted to outdoor. This exhaust air is less than 20°C and causes energy loss for air conditioning without heat recovery.

Recommendation

Installing a total heat exchanger in a roof-top air conditioner provides comfortable space, lower running costs, and energy savings. In addition, the heat exchange between RA and OA reduces the outdoor air load, which allows for downsizing of the air conditioner.





*NEDO : New Energy and Industrial Technology Development Organization MEMS : **Micro Electro Mechanical Systems



Source: Website of OMRON Corporation

http://www.omron.co.jp/green-automation/automation/factory/





28degree, 40% RH + Variable fine wind air conditioning system

Air conditioning operated when necessary, where necessary and for amount necessary
 Easing of indoor temperature by variable fine wind air conditioning
 (from 25°C, 50% to 28°C, 40% + intermittent fine wind)

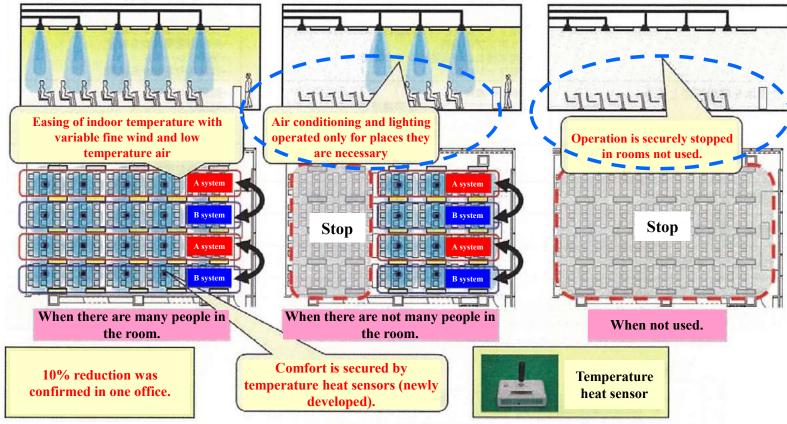


Figure 10 Variable fine wind air conditioning system

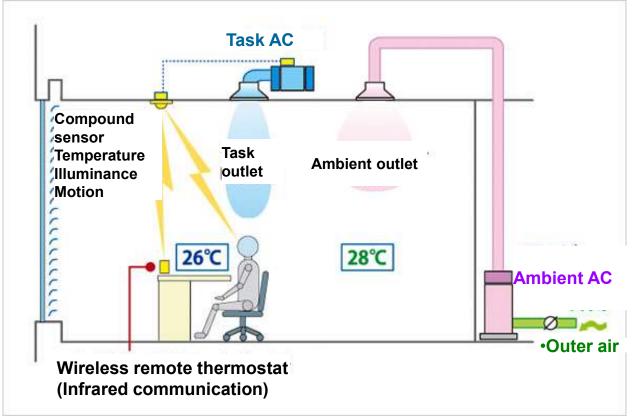
Source: Data for visitors of Tokyo Denki University, Senju Campus

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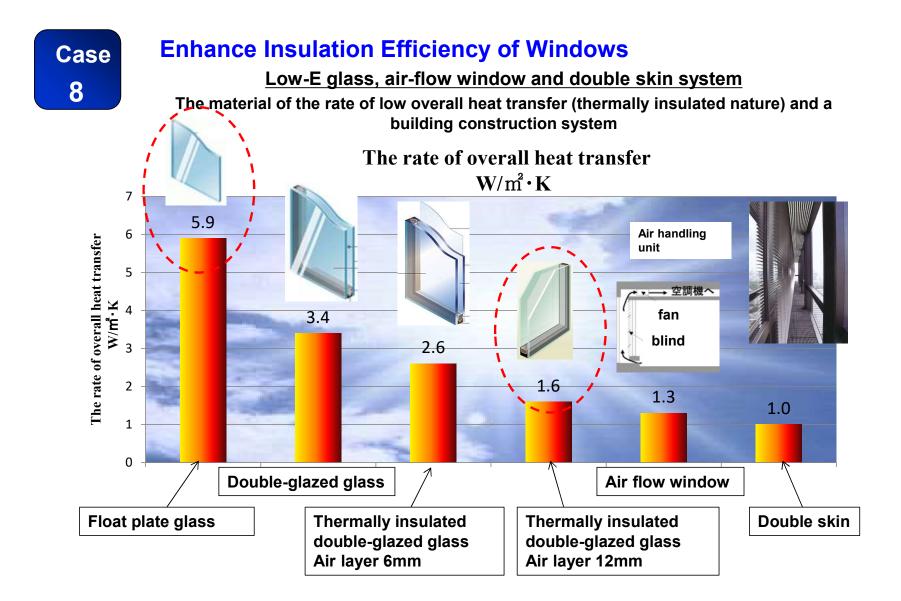
Task and ambient air-conditioning

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Compatibility of comfort and energy conservation is sought after by separating air-conditioning into two types; base air-conditioning "ambient air-conditioning" to take care of outer air load and lighting heat generation, and "task air-conditioning" to take care of frequently fluctuating and uniformly distributed internal heat generation and human body heat generation.







ECCJ The feature of double skin Inner sash (watertight line) Outer sash Spandrel PC board Natural ventilation Electric blind outlet grill Sunlight sensor Low-e pair glass Interlocked automatic control Approx. 800 CH 3 000 Outside Office Grating floor for 0A707 H200 maintenance EL . ****** Double skins standard cross-section Circulated air discharge (Natural air)

~ ダブルスキン模式図~

**

Installs a double window and wall in a perimeter part. **Lessens** influence of outdoor air temperature and solar radiation. **External Wall Load** Reduced

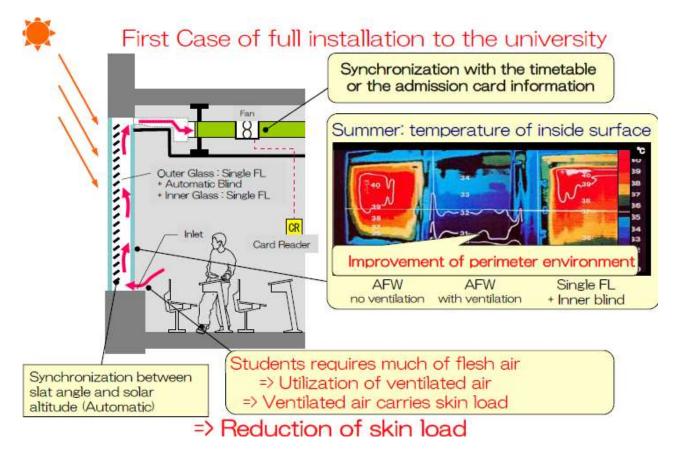
Unnecessary to divide the zoning of air-conditioning into an interior zone and a perimeter zone. **Improvement** in indoor environment

Source: Construction equipment and piping construction, November 2011 issue



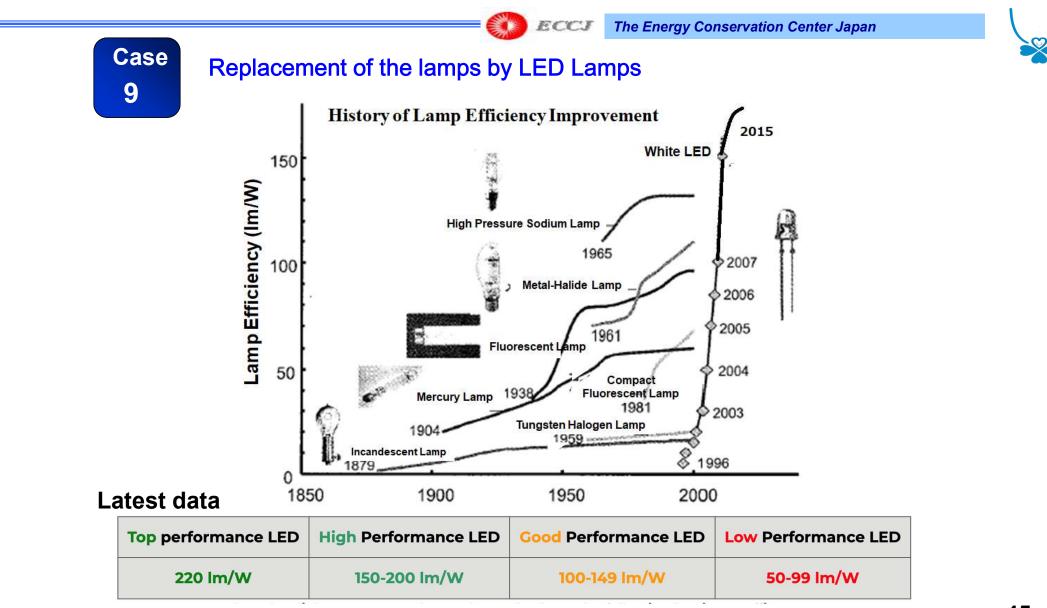


Air Flow Window System

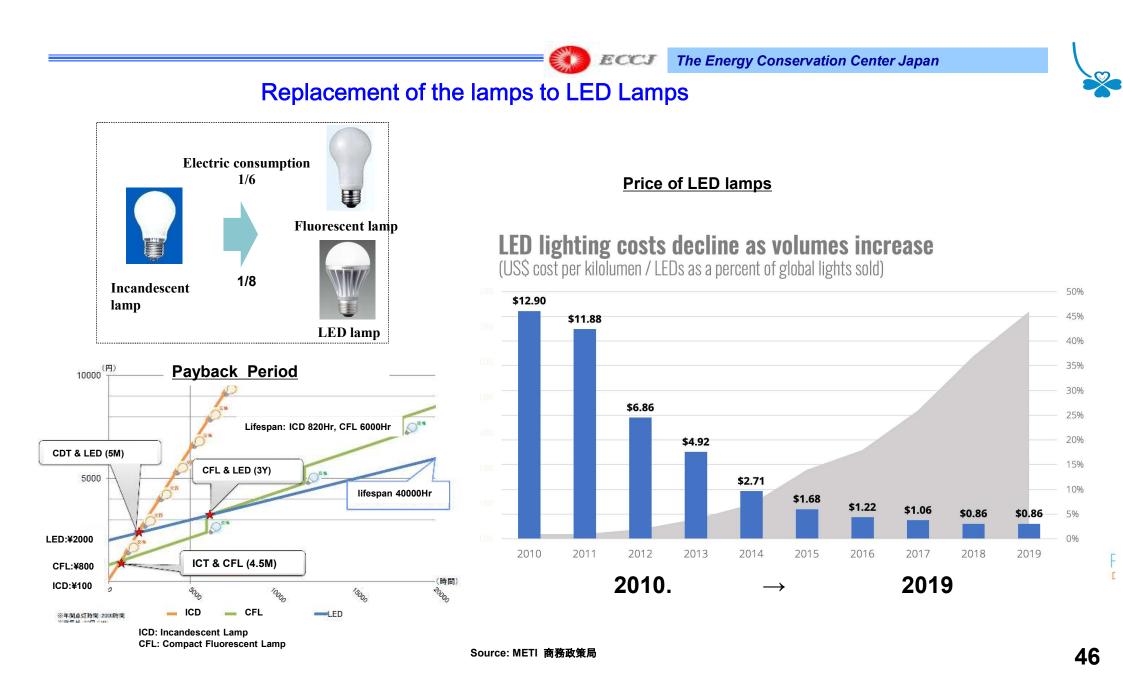


Enhancement of insulation and sunlight shielding performance

Source: Information from Tokyo Denki University Tokyo Senju Campus



Source: 照明学会誌第92号 第6号



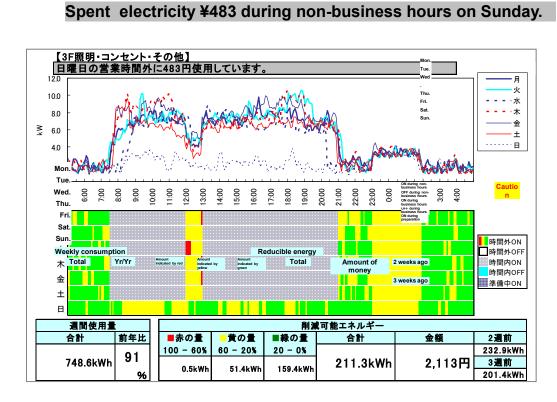
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Case 10

Visualization of Energy Consumption

Monitor the power consumption of all the offices and deliver a weekly report

[3rd-floor lighting, electric outlets, others]



Sharing energy consumption information with the employees in the morning meeting and committees



Power consumption has been reduced 13.3 % after introduction * Actual result in a model office (Kawagoe)

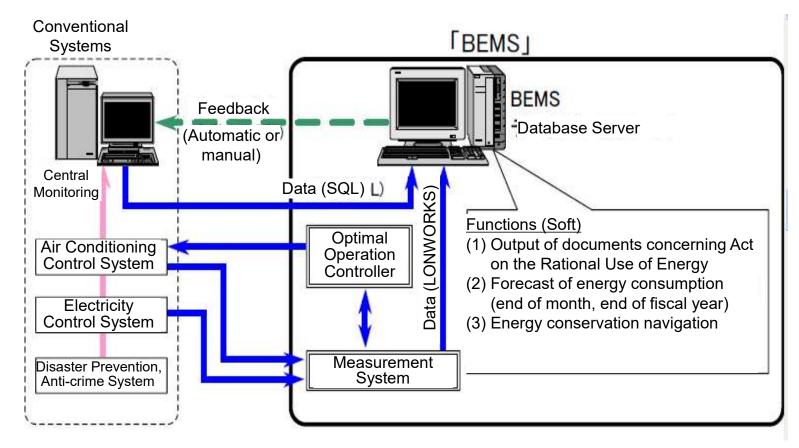
BEMS (Building Energy Management System)

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BEMS (<u>Building Energy Management System</u>)

Building management system for optimizing indoor environment and energy performance



Source: Sanki Engineering Co., Ltd.

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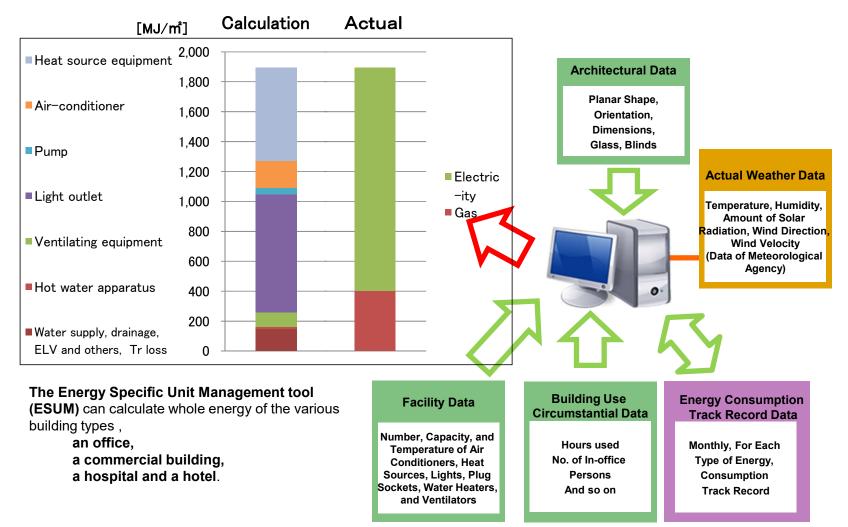
4.4 Summary and Introduction of Effective Tool for Energy Management in Buildings

- The Energy Conservation Center Japan (ECCJ) has been implementing various activities to promote and disseminate Energy Conservation in Japan since 1978.
- As one of these activities, ECCJ dispatches energy conservation experts to small and medium sized factories and buildings, and provided the proposals and the advices on specific techniques and technologies for improving energy efficiency.
- According to the data and information ECCJ have obtained through these experiences, the energy saving measures and their proper technologies with no cost, low/medium cost and large cost for office buildings have been presented.
- Finally, introduce the effective simulation tool for energy management for buildings, ESUM(Energy Specific Unit Management) tool which ECCJ has developed. By this tool, analyze the effects of the energy efficiency & conservation (EE&C) measures presented today assuming these measures to be applied to the typical office building in Tokyo and show the results for further understanding on the EE&C measures for office buildings.

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ECCJ ESUM: Energy Specific Unit Management tool

Annual energy consumption (Office Building)



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Purposes of use of unit energy consumption control tool

(1) <u>Grasping the energy consumption structure of the entire building and by departments</u>

Easy to set an energy conservation goal because you can see energy consumption and unit energy consumption by consumption destinations such as air conditioning, lighting, and hot water supply, of the entire building and by departments.

(2) Evaluating the energy conservation measures quantitatively

Possible to quantitatively evaluate an energy conservation effect when you change the room temperature, up-to-date heat source equipment, or introduce different energy conservation techniques.

(3) Unit energy consumption (energy intensity) control

Possible to decide a target energy consumption value to control an energy consumption goal by modeling the building and

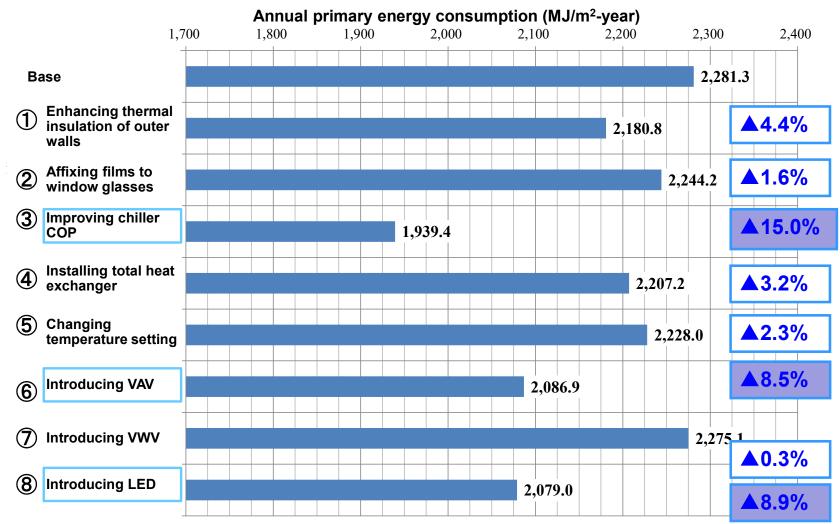
Possible to calculate the difference of actual energy intensity caused by climate changes.

(4) Confirming the operating method

Possible to select various/multiple heat sources and confirming the optimum number of units at that time of the day.

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Results of Simulation Analysis of Energy Conservation Measures in Office Buildings



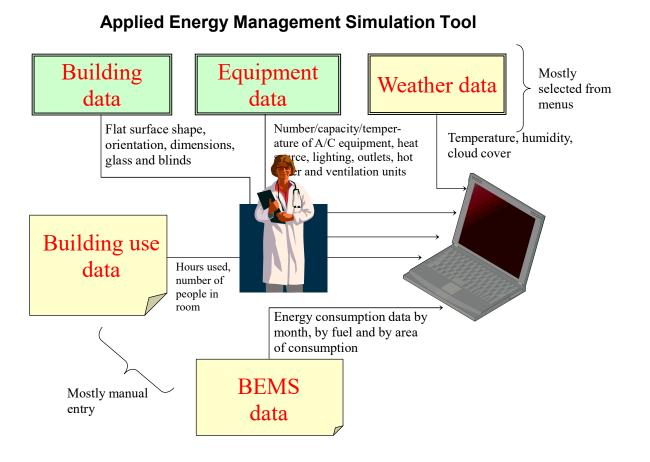


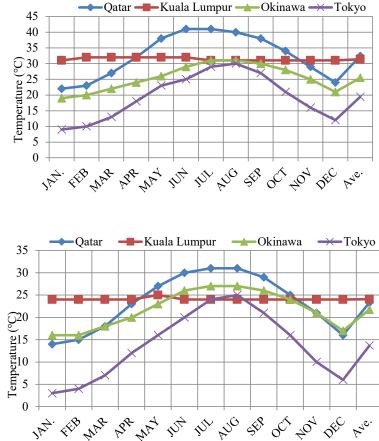
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The simulation analysis using the ESUM tool (the building in Qatar)





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The simulation analysis using the ESUM tool

•Using Doha climate data and the information gathered during this energy audit, simulation analysis was done to calculate the energy saving potential of this building. The typical energy saving measures were considered in this analysis. The results are shown in Table 18. This simulation study confirm that the following recommended measures in the energy audit in September should contribute much to energy saving of the building.

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(1)Raising setting room temperature,
(2)Reducing outdoor air intake,
(3)Replacing to LED and
(4)Installation of the total heat exchanger

		Energy Saving (%)		
NO.	Item	From June to	From January	
		October	to December	
SM-1	Rm temp +1°C	2.8%	2.0%	
SM-2	Replace to LED lighting (50%)	16.8%	12.2%	
SM-3	Install an inverter (VAV)	4.7%	3.4%	
SM-4	Reduce outdoor air intake by 25%	3.3%	2.4%	
SM-5	Installation of the total heat exchangers	8.0%	5.8%	
SM-6	High-efficiency equipment (COPvalue+0.5)	6.2%	4.5%	
SM-7	All energy saving measures (SM-1 to SM-6)	36.7%	26.7%	

Table 18 The results of the simulation analysis

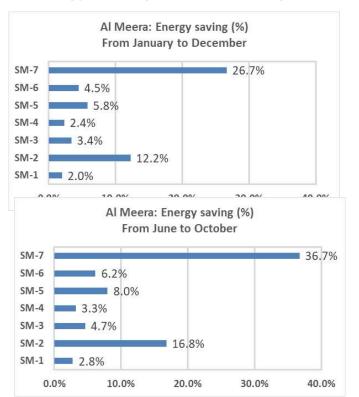
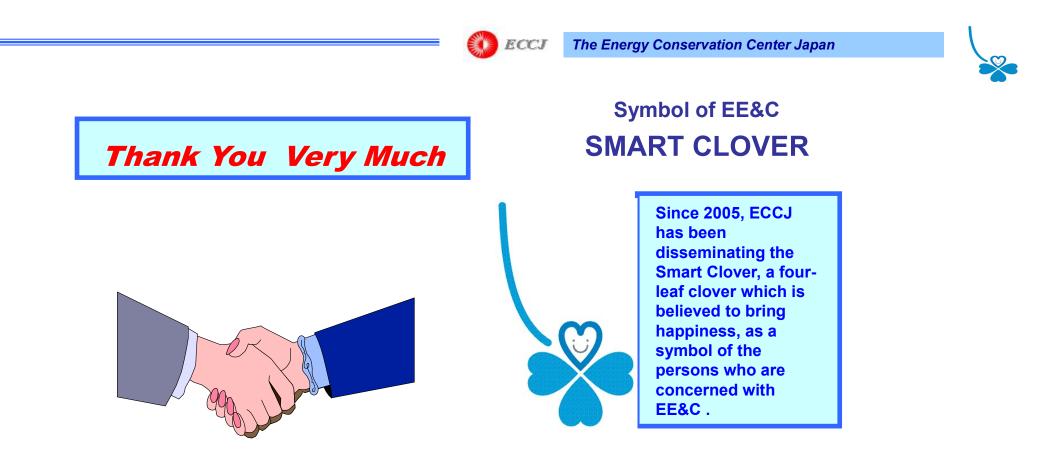


Fig. 18 Energy saving measures and their estimated saving





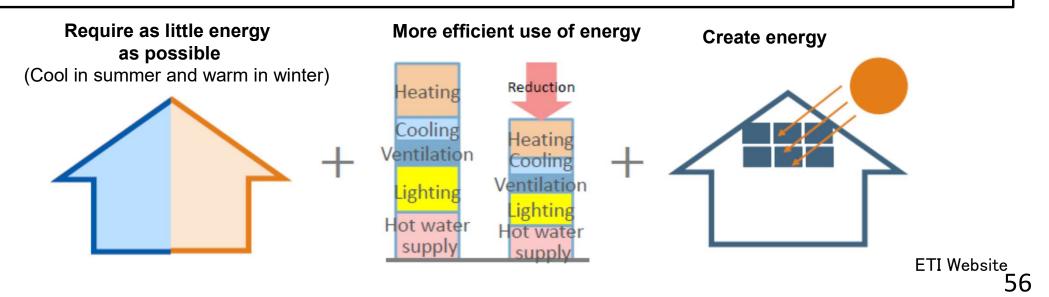
URL: http://www.eccj.or.jp

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3.2 Promotion and dissemination of Zero Energy Houses (ZEH)

Background of Dissemination of ZEH (What is ZEH ?)

- A ZEH is a house with an annual net zero energy consumption around zero (or less) by saving as much energy as possible while maintaining comfortable living environment. This can be achieved through better heat insulation, high-efficiency equipment, and creating energy with photovoltaic power generation.
- The Strategic Energy Plan (adopted at the Cabinet Council in July 2018) sets the following goals to realize and promote ZEHs.
 - More than half of newly-constructed custom-built detached houses constructed by housing manufacturers aim to be turned into ZEHs by 2020.
 - ZEHs aim to be realized as the average of new residential construction by 2030.



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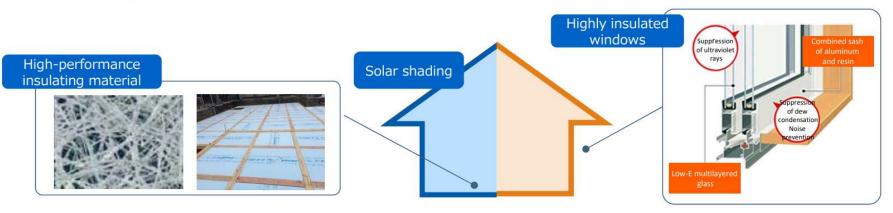
3.2 Promotion and dissemination of Zero Energy Houses (ZEH)

Definition and evaluation methods of ZEH

- To achieve energy savings in the housing sector for the next two to five decades and to create an excellent housing stock, it is important to improve the efficiency of the building envelope, which is difficult to fundamentally improve after completion.
- Therefore, the high insulation standard, which is the reinforced version of the Energy Saving Standard, is adopted as the ZEH standard.

Region category	Region 1 (Asahikawa, etc.)	Region 2 (Sapporo, etc.)	Region 3 (Morioka, etc.)	Region 4 (Sendai, etc.)	Region 5 (Tsukuba, etc.)	Region 6 (Tokyo, etc.)	Region 7 (Kagoshima, etc.)	Region 8 (Naha, etc.)
ZEH Standard	0.4	0.4	0.5	0.6	0.6	0.6	0.6	-
Energy Saving Standard	0.46	0.46	0.56	0.75	0.87	0.87	0.87	

Table: Standards for the average heat transmission coefficient of the envelope (UA value)

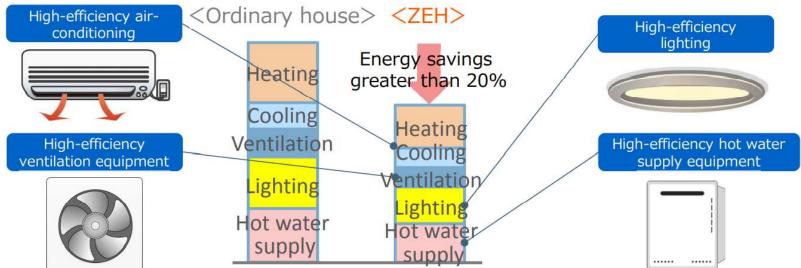


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3.2 Promotion and dissemination of Zero Energy Houses (ZEH)

Definition and evaluation methods of ZEH

- It is important to improve the efficiency of air-conditioning, ventilation, lighting, and hot water supply equipment to effectively use energy while realizing the "high insulation standard" of the ZEH and maintaining comfortable living spaces.
- The ZEH standard requires energy savings of more than 20% higher than the Energy Saving Standard via better insulation of the building envelope and higher equipment performance.



* The calculation method should be consistent with the Energy Saving Standard. However, the 20%-higher energy saving rule applies to air- conditioning, hot water supply, ventilation, and lighting equipment. Although the reduced volume with renewable energy should not be taken into consideration, the reduced volume with fuel cells should be considered if the effect due to the fuel cells (consumption) has been separately calculated.

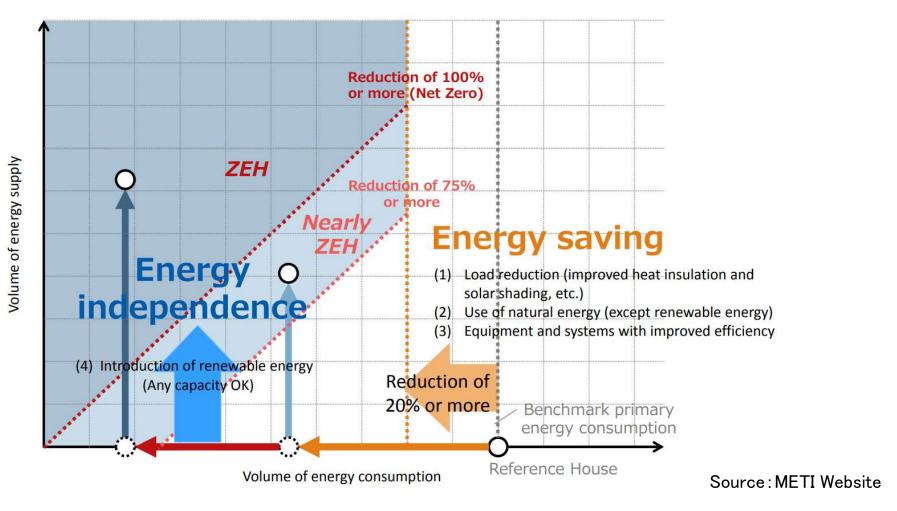
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3.2 Promotion and dissemination of Zero Energy Houses (ZEH) Definition and evaluation methods of ZEH

- The goal is to achieve a net zero energy consumption by generating energy through photovoltaic power production while adopting "better insulation" and "higher equipment performance" set forth for ZEHs to achieve 20% energy savings.
- For evaluation purposes, houses with small roofs or poor sunshine should be considered in the evaluation even though the potential for energy production is limited.
- If energy savings of 75% of the net value is achieved, the Nearly ZEH status is granted. If energy savings of 100% or more is achieved, the ZEH status is granted. Z

* The method to determine 75% or 100% energy savings should follow the Energy Saving Standard. This rule should apply to air-conditioning, hot water supply, ventilation, and lighting. In addition, while only the part of self-consumption is counted in the Energy Saving Standard, the electricity sale should also be taken into consideration. (However, this is limited to the sale of surplus power in the system of surplus electricity purchase.) 3.2 Promotion and dissemination of Zero Energy Houses (ZEH)

Definition and evaluation methods of ZEH



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3.3 Progress Status of government target in ZEH / ZEB

Although the introduction of ZEH and ZEB is progressing, <u>further efforts are required to</u> <u>achieve the target.</u>

Target and progress of ZEH

	Target	Progress			
~2020	More than half of custom-built detached houses	The number of ZEH units supplied in newly built custom-built detached houses (about 280,000 units) in			
~2030	Average of newly houses	2019 is 57,000 units. (20.3%) ⇒ More effort is required to achieve the target			

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Transitions in the number of units supplied newly custom-built houses of ZEH

